
Pain Management

Review of Systems worksheet

ONLY circle if symptom is yes, a nurse will expand on each yes answer when you are in a patient room.

Skin

- Rash ▪Hives ▪Itching ▪Changes to hair skin or nails
- Fever ▪Chills ▪Sweats ▪Fatigue ▪Weight loss or gain ▪Trouble sleeping

Eyes

- Glasses or contact lenses ▪Eye irritation ▪Changes in vision ▪Eye pain
- Sensitivity to light ▪Cataracts ▪Glaucoma ▪Macular Degeneration

Ear, Nose and Throat

- Cold ▪Nose bleed ▪Hearing loss ▪Change in voice ▪Sore throat
- Ringing in ears ▪Ear pain ▪Seasonal allergies ▪Bleeding gums
- Neck lumps ▪Swollen glands

Heart

- Chest pain ▪Varicose veins ▪Palpitations ▪Edema

Lungs

- Cough ▪Excessive sputum ▪Blood in sputum ▪Wheezing ▪Short of breath

Stomach

- Nausea ▪Heartburn ▪Jaundice (yellow skin) ▪Change in bowel habits
- Change in appetite ▪Vomiting ▪Difficulty Swallowing ▪Abdominal pain

- Diarrhea ▪Constipation ▪Blood in stool
- Blood in urine ▪Frequent urination ▪Incontinence
- Recurrent Urinary infections ▪Painful urination
- Kidney stones

Muscles/Joints

- Joint Swelling ▪Joint stiffness ▪Leg pain ▪Leg cramps ▪Muscle cramps
- Muscle weakness ▪Back pain ▪Neck pain

Neuro

- Seizures ▪Headaches ▪Dizziness ▪Lightheadedness ▪Numbness
- Tingling ▪Fainting ▪Tremors

Psychological

- Depression ▪Suicidal Ideation ▪Emotional Problems ▪Nervousness
- Anxiety ▪Memory Loss ▪Cold intolerant ▪Heat Intolerant
- Excessive Urination ▪Excessive Sweating ▪Excessive Thirst
- Abnormal Bruising ▪Abnormal Bleeding ▪Enlarged Lymph nodes
- HIV ▪Hepatitis A ▪Hepatitis B ▪Hepatitis C ▪MRSA ▪Tuberculosis